## Symptomatic Relief: Unda Plex Remedies to Support your Patient

Presented by Dr. Robert Abell, N.D., L.Ac. Part 1 of 2













### **Speaker Disclosure**

#### Dr. Robert Abell, N.D., L.Ac., VNMI

I am a paid advisor to Atrium Innovations. I have no other conflicts of interest to disclose.

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### **UNDA PLEXES:**

### SYSTEM-SPECIFIC SPECIALTY FORMULATIONS























### Why Use UNDA Formulations

Located in Brussels and Harze, Belgium, UNDA is the largest homeopathic brand in Belgium

UNDA is world renown for the quality and effectiveness of their products



The word UNDA means undulating water

Rigorous preparation and attention to detail are applied in every aspect of the manufacture of remedies

UNDA's manufacturing process incorporates meticulous laboratory analysis of ingredients and formulations













### Why Use UNDA Formulations (continued)

#### **UNDA utilizes meticulous and distinctive Laboratory Analysis of remedies:**

**Column Chromatography** - Plants are identified by botanists, and specific related details are logged and retained on computer for future reference:

• Chromatography uses 4 curves of light (yellow, blue, red, black). Each product absorbs light differently so it can be uniquely identified. Each has its own fingerprint. Every year mother tinctures are analyzed to ensure that they are stable

**Infrared Spectrometry** - Analyzes inorganic and organic chemicals:

 Organic compounds are ground up and put in a gel. The analysis involves the compound migrating up the plate under a field of electricity

Fluorometry – Determines final products in solution:

- The substance is placed in a device that produces two curves an excitation curve and an emitting curve
- This device provides a computer graph of the energy of the product. This graph is used to determine if the remedies are consistent from batch to batch

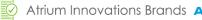












### Why Use UNDA Formulations (continued)

## Unda incorporates the fundamental principles of homeopathic medicine, as founded by Samuel Hahnemann:

- Do no harm
- The body is capable of self-regulation
- Physiology prevails over pathology
- Restoring the individual's physiology is essential to healing his or her pathology
- The four pillars of health must also be taken into account with equal value given to: diet, drainage and elimination, psychological equilibrium; and balancing of the hereditary characteristics













### **Unique System-specific Specialty Formulations**

#### **UNDA Plexes:**

- Are each a combination of well-thought-out ingredients that work together in synergy as a complete formulation
- Include homeopathic formulations prepared using low dilutions of plant extracts, mother tinctures and metal elements; as well as a unique selection of specialty supplements
- Address a diverse range of physiological systems (cardiovascular, cutaneous, digestive, endocrine, hepatic, immune, musculoskeletal, oral, nervous, respiratory and vascular systems)
- Are condition-specific, non-suppressive, user-friendly formulations
- Support both acute and chronic situations by providing symptomatic relief
- Are offered in a variety of formats (liquids, tablets, creams, powders)
- Include several medicine-cabinet type remedies
- Are user-friendly and support compliance

### **Essential remedies for use in clinical practice**













### **Unda Plexes**



**Associated with Numerous Organ Systems** 















### **Unda Plexes & Their Organ System Association**

SYSTEM-SPECIFIC COMPLEX	ASSOCIATED ORGAN SYSTEM
Acidum Phosphoricum Plex	Nervous System
Allium Cepa Plex	Respiratory System
Angiplex	Respiratory System
Anti-wart Drops	Cutaneous System, Immune System
Arnica Cream	Musculoskeletal System
Calendula Cream	Cutaneous System
Carduus Plex	Digestive System
Cheliderm Cream	Vascular System
Chelidonium Plex	Digestive System













### **Unda Plexes & Their Organ System Association**

SYSTEM-SPECIFIC COMPLEX	ASSOCIATED ORGAN SYSTEM
Cholesterinum Plex	Hepatic System
Cicatrisan Cream	Cutaneous System
Cimicifuga Plex	Endocrine / Hormonal System
Drosera Plex	Respiratory System
Drosera Plex Cough Syrup	Respiratory System
Echinsyr	Immune System
Febriplex	Immune System
Homeofresh Toothpaste (Chlorophyllum & Citrus)	Oral System
Juncturinum Plex	Musculoskeletal System
Kalium Carbonicum Plex	Digestive System











### **Unda Plexes & Their Organ System Association**

SYSTEM-SPECIFIC COMPLEX	ASSOCIATED ORGAN SYSTEM
Lobelia Plex	Respiratory System
Magnelevures	Cardiovascular, Musculoskeletal & Nervous Systems
Medulosseinum Plex	Musculoskeletal System
Muco Coccinum	Immune System
Paeonia Plex	Hepatic & Vascular Systems
Passiflora Plex	Nervous System
Proctosan Cream	Vascular System
Pyrogenium Plex	Respiratory System
Sepia Plex	Endocrine / Hormonal System
Solvarome	Cutaneous System











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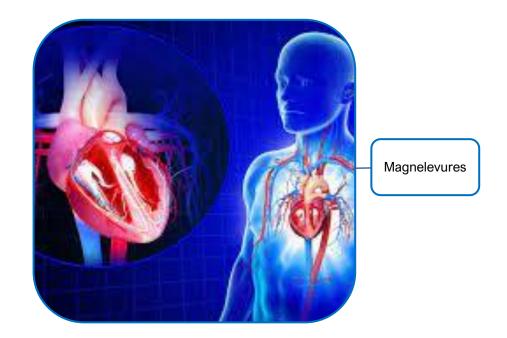








### **Cardiovascular System**















### **Magnelevures**



**Organ System Applications:** 

Cardiovascular, Musculoskeletal, Nervous

Magnelevures is a unique vitamin, mineral and amino acid complex with primary components of Magnesium and Taurine. This formulation is a source of antioxidants and electrolytes; and can support the maintenance of proper muscle function (including the heart muscle), and provide support for the musculoskeletal, cardiovascular and nervous systems.

### **Applications:**

### Supports:

- Cardiovascular health
- Musculoskeletal health
- Nervous System health

#### EACH SACHET (4 g) CONTAINS:

150 mg
100 mg
10 mg
3 mg
2.1 mg





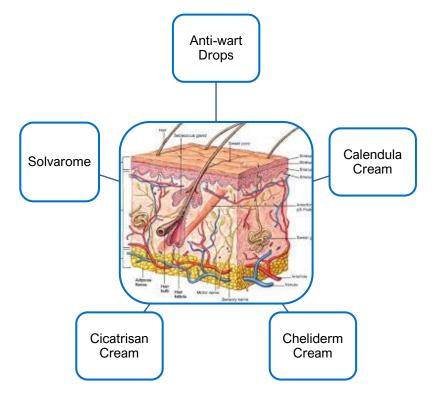








### **Cutaneous System**















### **Anti-wart Drops**



**Organ System Applications:** 

Cutaneous, Immune

This combination of homeopathic remedies is formulated to help in addressing skin warts, skin eruptions and to support immune health. This oral formulation is an excellent adjunct to its topical companion, Cheliderm cream.

### **Applications:**

Supports healing:

- Skin warts
- Skin eruptions
- Dry itchy skin and itching pimples

Juglans regia (English Walnut) Leaf and Rind
Buxus sempervirens (Boxwood) Leaf and Twig
Oleander (Rose Laurel) Leaf
Stannum metallicum (Tin)
Taxus baccata (Yew) Leaf and Twig
Vanadium metallicum (Vanadium)
Thuja occidentalis (White Cedar) Leaf and Twig
Sulphur (Sublimed Sulfur)
Nitricum acidum (Nitric Acid)
Bufo rana (European Toad) Venom













### Calendula Cream (back in stock mid-July)



This Calendula Cream preparation is designed to support the relief of symptoms associated with minor cuts, skin lacerations and burns.

#### **Applications:**

Supports healing:

- Minor cuts
- Lacerated wounds
- Skin burns

Cutaneous

#### MEDICINAL INGREDIENT:

Calendula officinalis (Marigold) Flowering Tops.....













### **Cheliderm Cream**



This synergistic combination of Calendula officinalis and Thuya occidentalis supports the cutaneous systems. It has a healing effect while providing temporary relief for cutaneous warts. Cheliderm cream is an excellent adjunct remedy to Anti-wart Drops.

### **Applications:**

Supports healing:

- Skin warts
- Skin eruptions

#### **MEDICINAL INGREDIENTS:**

Calendula officinalis (Marigold) Flowering Tops		V	1
Thuja occidentalis (White Cedar) Leafy Twig	.	V	1













### **Cicatrisan Cream**



Organ System Applications:

Cutaneous

Cicatrizing Cream provides relief of symptoms associated with skin irritations, burns, cuts and insect bites.

### **Applications:**

#### Supports:

- Soothing and healing minor skin irritations, burns, lacerated wounds, and cuts
- Regaining cytokine balance in the skin associated with insect bites, cuts and minor skin irritations
- Healing skin eruptions with cracks, dry skin and itchy skin

#### Medicinal Ingredients:

Calendula officinalis (Marigold) Aerial Parts, Flowering	.	M'
Phytolacca decandra (Pokeweed) Root	. !	M'
Bryonia dioica (Bryonia) Root	. !	M'
Balsamum peruvianum (Balsam Peru) Balsam	. !	MΊ
Dulcamara (Bittersweet) Shoots	١.	M'













### The use of Calendula Cream VS Cicatrisan Cream

### Calendula Cream:

- Water soluble ointment
- Excellent for any type of skin lesion, burn, or abrasion of the skin
- Safe to use on face or for infected or irritated nipples with breast feeding
- Preferred to use in children



Calendula officinalis (Marigold) Flowering Tops.....

#### Cicatrisan Cream:

- Stronger than Calendula Cream for damaged skin
- "Go to" ointment for any abrasion, lesion on the skin
- Do NOT use around eyes, mouth, nipples or with children. Petroleum based



#### Medicinal Ingredients:

Calendula officinalis (Marigold) Aerial Parts, Flowering MT
Phytolacca decandra (Pokeweed) Root MT
Bryonia dioica (Bryonia) Root
Balsamum peruvianum (Balsam Peru) BalsamMT
Dulcamara (Bittersweet) Shoots



MEDICINAL INGREDIENT:













### **Solvarome**



**Organ System Applications:** Cutaneous

Solvarome is a combination of synergistic water-soluble essential oils that have traditionally been found to have an antiseptic, deodorizing and healing effects on the skin.

#### **Applications:**

Supports cleansing and healing:

- Minor skin cuts, abrasions and eruptions
- · Dry itchy skin conditions

#### **INGREDIENTS:**

Polysorbate 85, Water, Propylene Glycol, Lavandula angustifolia (Lavender) Oil, Rosmarinus officinalis (Rosemary) Leaf Oil, Thymus vulgaris (Thyme) Oil, Cupressus sempervirens Leaf/Nut/Stem Oil, Pelargonium graveolens Flower Oil





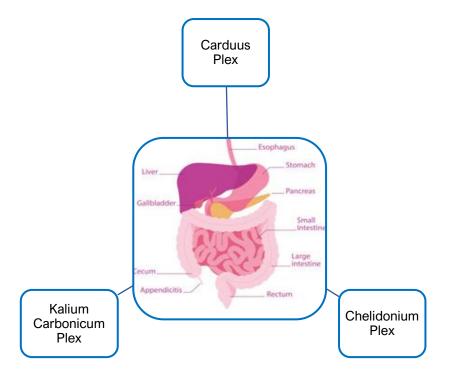








### **Digestive System**







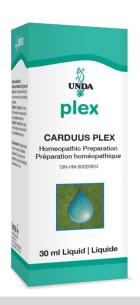








### **Carduus Plex**



**Organ System Applications:** 

Digestive

Carduus Plex assists with the temporary relief of symptoms associated with poor digestion and colic.

### **Applications:**

Supports relief of:

- Indigestion
- Abdominal pain and cramps
- Heartburn
- Bloating
- Flatulence

Carduus marianus (Milk Thistle) Fruit	2X
Leptandra virginica Underground Parts	1X
Lycopodium clavatum (Clubmoss) Spore	
Chelidonium majus (Greater Celandine) Rhizome/Root	2X
Taraxacum officinale (Common dandelion) Whole Flowering Plant	2X
Cinchona officinalis (Cinchona) Bark	3X
Belladonna (Deadly Nightshade) Whole Plant	4X
Cholesterinum (Cholesterol from Sheep Wool Grease)	4X
Podophyllum peltatum (May apple) Underground Parts	4X
Colocynthis (Colocynth) Fruit Pulp	6X















### **Chelidonium Plex**



**Organ System Applications:** 

Digestive

Among numerous functions, Chelidonium Plex has an impact on the digestive system and serves to temporarily alleviate symptoms associated with the over-indulgence of food and alcohol and to support detoxification.

### **Applications:**

Supports relief of:

- Digestive weakness and indigestion
- Abdominal pain and cramps
- Heartburn
- Bloating
- Flatulence

Chelidonium majus (Greater celandine) Rhizome and Roots	10X
Carduus marianus (Milk thistle) Fruit	3X
Solidago virgaurea (Goldenrod) Inflorescence	
Berberis vulgaris (Barberry) Bark	10X
Dolichos pruriens (Cowhage) Dried hairs from fruits	10X
Iris versicolor (Flag Iily) Underground Parts	10X
Ptelea trifoliata (Common hop tree) Leaf and Twig Bark	10X
Taraxacum officinale (Common dandelion) Whole Flowering Plant	10X













### **Kalium Carbonicum Plex**



**Organ System Applications:** 

Digestive

Kalium Carbonicum Plex temporarily relieves gastrointestinal symptoms associated with digestive upset.

### **Applications:**

Supports relief of:

- Laborious digestion or indigestion
- Stomach acidity
- Abdominal distension
- Bloating
- Stomach pain
- Colic

Carbo vegetabilis (Vegetable Charcoal)	6X
Kali carbonicum (Potassium carbonate anhydrous)	6X
Asafoetida (Devil's Dung) Gum Resin	6X
Cinchona succirubra (Cinchona) Bark	6X
Lycopodium clavatum (Clubmoss) Ripe Spores	
Nux moschata (Nutmeg) Seeds	6X
Nux vomica (Poison Nut) Ripe Seeds	6X
Raphanus sativus var niger (Black Radish) Underground Parts	





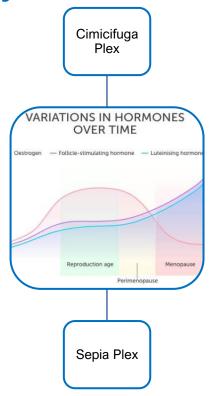








### **Endocrine/Hormonal System**















### **Cimicifuga Plex**



**Organ System Applications:** 

Endocrine/Hormonal (female)

Cimicifuga Plex temporarily relieves common symptoms associated with premenstrual syndrome (PMS).

### **Applications:**

Relief of symptoms such as:

- Uterine cramps and abdominal pain
- Premenstrual and menstrual colic
- Irritability
- Headaches and backaches associated with PMS

EACH DIOI CONTAINS.
Cimicifuga racemosa (Black cohosh) Rhizome and Root
Caulophyllum thalictroides (Blue cohosh) Underground Parts
Cuprum metallicum (Copper)
Gossypium herbaceum Root Bark
Magnesia phosphorica (Magnesium hydrogen phosphate trihydrate) 10X
Sepia officinalis (Sepia) Dried Inky Secretion
Platinum metallicum (Platinum Sponge)
Oryctolagus cuniculus (Rabbit) Hypothalamus
Oryctolagus cuniculus (Rabbit) Pituitary14X
Oryctolagus cuniculus (Rabbit) Thyroid
Folliculinum (Estrone)
Histaminum hydrochloricum (Histamine hydrochloride)













### **Sepia Plex**



**Organ System Applications:** 

Endocrine/Hormonal (female)

Sepia Plex provides temporary relief of menopausal symptoms.

### **Applications:**

Relief of symptoms such as:

- Hot flashes
- Irritability
- Sleeplessness
- Vaginal sensitivity and muscle spasms

Sepia (Sepia) Dried Inky Secretion	3X
Aconitum napellus (Aconite) Whole Plant	
Melissa officinalis (Lemon balm) Leaf and Shoot	2X
Cimicifuga racemosa (Black cohosh) Rhizome and Root	3X
Sanguinaria canadensis (Blood root) Underground Parts	3X
Sulphuricum acidum (Sulfuric acid)	6X
Valeriana officinalis (Valerian) Root	6X
Lachesis mutus (Bushmaster) Venom	8X
Platinum metallicum (Platinum)	8X







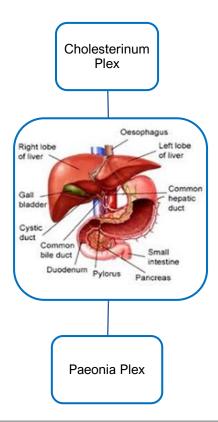








### **Hepatic System**







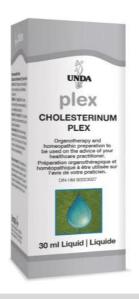








### **Cholesterinum Plex**



**Organ System Applications:** Hepatic

Cholesterinum Plex helps to promote, support and maintain general liver health, facilitating improved metabolism and proper liver function.

### **Applications:**

Addresses:

Insufficient liver function

Cholesterinum (Cholesterol from Sheep Wool Grease)	9CH
Oryctolagus cuniculus (Rabbit) Liver	
Oryctolagus cuniculus (Rabbit) Lung	7CH
Cholesterinum (Cholesterol from Sheep Wool Grease)	





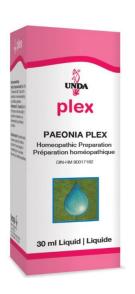








### **Paeonia Plex**



**Organ System Applications:** 

Hepatic, Vascular

Paeonia Plex provides support for both the hepatic and vascular systems. This formulation helps to promote and maintain healthy liver function and, also assists with the temporary relief of symptoms associated with insufficient vascular health and swollen venous eruptions.

### **Applications:**

#### Supports:

- Efficient liver function
- Relief of painful, itchy swollen venous eruptions

Aesculus hippocastanum (Horse Chestnut) Nut	3X
Arnica montana (Mountain Arnica) Underground Parts	4CH
Graphites (Black Lead)	4CH
Hamamelis virginiana (Witch Hazel) Bark	
Nitricum acidum (Nitric Acid)	4CH
Nux vomica (Poison Nut) Ripe Seeds	4CH
Paeonia officinalis (Peony) Underground Parts	4X
Sulphur (Sublimed Sulfur)	6X













# Poll





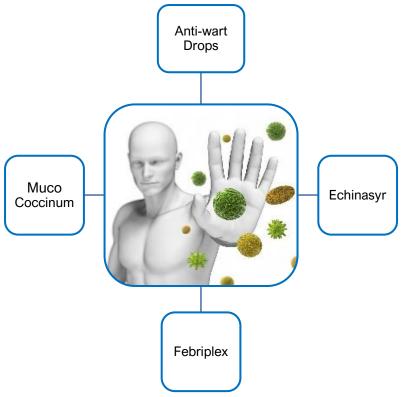








### **Immune System**















### **Anti-wart Drops**



**Organ System Applications:** 

Cutaneous, Immune

This combination of homeopathic remedies is formulated to help in addressing skin warts, skin eruptions and to support immune health. This oral formulation is an excellent adjunct to its topical companion, Cheliderm cream.

#### **Applications:**

Supports healing:

- Skin warts
- Skin eruptions
- Dry itchy skin and itching pimples

Juglans regia (English Walnut) Leaf and Rind	2X
Buxus sempervirens (Boxwood) Leaf and Twig	6X
Oleander (Rose Laurel) Leaf	6X
Stannum metallicum (Tin)	. 10X
Taxus baccata (Yew) Leaf and Twig	6X
Vanadium metallicum (Vanadium)	
Thuja occidentalis (White Cedar) Leaf and Twig	
Sulphur (Sublimed Sulfur)	. 10X
Nitricum acidum (Nitric Acid)	. 10X
Bufo rana (European Toad) Venom	. 12X













### **Echinasyr**



**Organ System Applications:**Immune

Echinasyr is a preparation that contains pure extract of echinacea purpurea, which traditionally been used to support immune health and function. This formulation also contains Ribes nigrum and Rubus idaeus as non-medicinal ingredients; and is offered in a pleasant-tasting natural-berry flavoured liquid format.

#### **Applications:**

Helps:

• To promote and maintain healthy immune function

#### **EACH TEASPOON CONTAINS:**













### **Febriplex**



Organ System Applications: Immune

Febriplex is a homeopathic preparation used for temporary relief of symptoms associated with colds and flus, such as fever, chills, coughs and body aches.

### **Applications:**

Temporary relief of:

- · Fevers and chills
- Cough
- Body aches

#### **EACH TABLET CONTAINS:**

Aconitum napellus (Aconite) Whole Plant	6)
Arnica montana (Leopard's bane) Underground Parts	
Eupatorium perfoliatum (Boneset) Aerial Parts	10>
Belladonna (Deadly nightshade) Whole Plant	
Gelsemium sempervirens (Yellow jessamine) Underground Parts	
Mercurius solubilis (Hahnemann's soluble mercury)	10>
Rhus toxicodendron (Poison ivy) Leafy Unwoody Twigs	8













### **Muco Coccinum**



**Organ System Applications:** Immune

Muco Coccinum homeopathic nosode preparation (bacterial and viral fractions), formulated to stimulate the body's own defenses in order to combat the cold and influenza.

#### **Applications:**

Supports relief of:

 Symptoms associated with the cold and flu such as: fever, nasal congestion, hoarseness, exhaustion, fatigue, headaches and body aches.

#### **FACH TARIFT CONTAINS:**

200K
200K
200K
200K





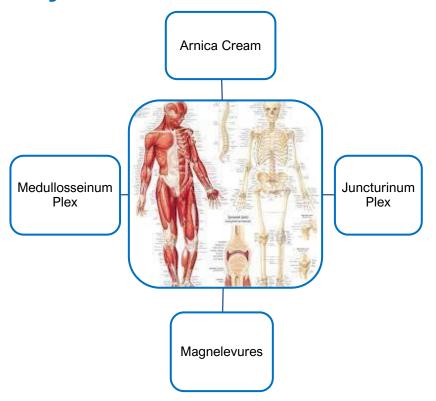








### **Musculoskeletal System**















### **Arnica Cream**



Organ System Applications:

Musculoskeletal

Arnica cream provides a synergistic combination of Arnica montana and Calendula officinalis as a topical support for the musculoskeletal system.

### **Applications:**

#### Supports:

- Cytokine balance in the musculoskeletal system
- Temporary relief of pain and other symptoms related to minor sprains, strains and soft tissue bruises
- Relief of muscle and joint pain and complaints

#### MEDICINAL INGREDIENTS:













### **Juncturinum Plex** (back in stock mid-July)



**Organ System Applications:** 

Musculoskeletal

Juncturinum Plex provides an extraordinary formulation of organotherapy remedies selected for their ability to heal and strengthen specific components of the musculoskeletal system. This formulation is designed to promote and maintain overall bone and joint health.

#### **Applications:**

Helps to support:

- Cytokine balance in the joints
- Bone metabolism
- Management of joint pain and stiffness
- Repair and healing of bone, cartilage, ligament and joints
- General bone and joint health

Oryctolagus cuniculus (Rabbit) Cartilage	5CH
Oryctolagus cuniculus (Rabbit) Ligaments	
Oryctolagus cuniculus (Rabbit) Knee Articulation	
Oryctolagus cuniculus (Rabbit) Bone	5CH













### **Magnelevures**



**Organ System Applications:** 

Cardiovascular, Musculoskeletal, Nervous

Magnelevures is a unique vitamin, mineral and amino acid complex with primary components of Magnesium and Taurine. This formulation is a source of antioxidants and electrolytes; and can support the maintenance of proper muscle function (including the heart muscle), and provide support for the musculoskeletal, cardiovascular and nervous systems.

### **Applications:**

### Supports:

- Cardiovascular health
- Musculoskeletal health
- Nervous System health

#### EACH SACHET (4 g) CONTAINS:

150 mg
100 mg
10 mg
3 mg
2.1 mg













### **Medulosseinum Plex**



**Organ System Applications:** 

Musculoskeletal

Medulosseinum Plex is a synergistic homeopathic and organotherapeutic preparation specifically formulated to support bone metabolism and facilitate the healing of the skeletal system.

### **Applications:**

Helps to support:

- · Bone metabolism
- Relief of minor joint pain and backache

Effect Ditor continuits.	
Oryctolagus cuniculus (Rabbit) Spinal Cord	7CH
Arnica montana (Mountain Arnica) Underground Parts	5CH
Calcium phosphoricum (Calcium hydrogen phosphate dihydrate)	4CH
Calendula officinalis (Marigold) Flowering Tops	5CH
Hypericum perforatum (St. John's-wort) Whole Plant	
Pulsatilla Whole Flowering Plant	5CH
Ruta graveolens (Rue) Aerial Parts	5CH
Symphytum officinale (Comfrey) Underground Parts	















Poll 3. A current patient of yours comes into your office after having a running injury where they stepped in a hole and severely twisted the ankle.

Their GP says it looks like a severe ankle sprain as the X-Ray is negative for a fracture. You are busy and do not have time to see the patient, but you want to give them something to help the healing process.

Which Plex remedy would you give this patient?

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### Register for Part 2 of the Plex Webinar Series



Symptomatic Relief:
Unda Plex Remedies to Support your Patient, part 2
(individual registration required for each part)

Presented by: Dr. Robert Abell ND LAc

Wednesday, April 27, 2022

8:00 - 9:30 PM EST/ 5:00 - 6:30 PM PST

To register for our upcoming webinars, please visit:

www.Seroyal.ca/seminars-webinars













## Thank you!











