Recommended Adult Dose: Take one capsule daily or as recommended by your healthcare practitioner. Risk Information: If you are pregnant, breastfeeding or taking any medication; or if you have any health condition, consult your healthcare practitioner prior to use. Folic acid may mask a vitamin B₁₂ deficiency. If you are unsure whether you are taking enough vitamin B₁₂, consult your healthcare practitioner prior to use. Guaranteed to contain no added wheat, starch, yeast, gluten, corn, sov. sodium, sugar, artificial coloring or flavoring. antimicrobial preservatives, dairy or animal products, Ideal for vegans. The capsules are made from 100% pure vegetable sources, free of preservatives and additives, Quality Assurance: Safety-sealed for your protection and for product freshness, Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

Manufactured for Seroyal USA Pittsburgh, PA 15275



Active Folate 1000

VITAMIN SUPPLEMENT

90 Vegetable Capsules

Supplement Facts

L-5-methyltetrahydrofolate, Metafolin®†) 1000 mcg 250%

Serving Size 1 Capsule Servings per Container 90 **Each Cansule Contains**

Folate (from calcium * Daily Value (DV)

Other ingredients: Cellulose, hypromellose

† Metafolin® is a registered trademark of Merck KGaA. Darmstadt, Germany

BARCODE LOCATION

883196 14630