

VITAMIN FORMULA

B-Complex Plus

COMPREHENSIVE B VITAMIN FORMULA WITH METAFOLIN® L-5-MTHF

SIMPLE ONCE-DAILY FORMAT

Pure B-Complex Plus offers active B-vitamin forms including pyridoxal-5-phosphate, riboflavin-5-phosphate and folate as 5-methyltetrahydrofolate (5-MTHF), the universally metabolized and biologically active form of folate.

- Helps maintain a healthy metabolism
- Supports energy production
- Factor in the maintenance of good health
- Provides support for healthy hair, skin and nails



Good for those who need support with **energy production**.



Vitamin B complex includes **8 B vitamins**

The Research

B vitamins play important roles in nearly all of the physiological systems in the body. This balanced combination of functionally interrelated B vitamins provides wide ranging benefits, including methylation and cellular energy production.¹⁻³

Support energy production with one capsule daily

Visit PureEncapsulations.ca/bcomplexplus

Formula

Adults: Take 1 capsule daily with a meal or as directed by a healthcare practitioner.

Each vegetarian capsule contains:

Thiamine (thiamine hydrochloride)	100 mg
Riboflavin (riboflavin, riboflavin 5'-phosphate sodium)	12.7 mg
Niacin (niacinamide, inositol hexaniacinate)	108 mg
Vitamin B ₆ (pyridoxine hydrochloride, pyridoxal 5'-phosphate)	16.7 mg
Pantothenic Acid (calcium d-pantothenate)	100 mg
Vitamin B ₁₂ (methylcobalamin)	400 mcg
Folate (calcium L-5-methyltetrahydrofolate, Metafolin®)	400 mcg
Biotin	400 mcg

Non-Medical Ingredients: Vegetarian capsule (hypromellose, water), ascorbyl palmitate



B-Complex Plus	Quantity	Order Code	NPN
	60	BCP6C-C	80075816
	120	BCP1C-C	80075816

For additional energy support, consider adding **Mitochondria-ATP** to your supplement routine.

 Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

*Visit PureEncapsulations.ca for more information about our GMO policy.

*Except where labeled.

This product may not be right for everyone. Always read and follow the label. Contact us for more information.



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