

# DIM & Detox

SUPPORTS THE FUNCTION OF THE LIVER, AN ORGAN INVOLVED IN DETOXIFICATION

## BIOAVAILABLE FORM OF DIM

DIM & Detox helps support liver function, an organ involved in detoxification. It provides a blend of free-radical scavengers, including a bioavailable form of diindolylmethane (DIM), as well as standardized herbal extracts and the amino acids methionine and taurine.

- Supports function of the liver, an organ involved in detoxification
- Provides antioxidants that help protect cells against free radicals



## The Research

**Antioxidant Support and Detoxification:** L-Methionine is an essential amino acid that supports glutathione production and encourages healthy liver function, including phase II detoxification pathways, healthy hepatic fat metabolism and bile flow. DIM & Detox also provides antioxidants with free radical scavenging activities, helping to protect and promote cell health. BioResponse DIM® provides 25 mg per serving of a highly absorbable form of DIM, an important metabolite of indole-3-carbinol. DIM supports the expression of antioxidant and phase II detoxifying enzymes, which protect tissues from oxidative stress, toxins and reactive substances.<sup>1,2</sup> Alpha lipoic acid and N-acetyl-L-cysteine (NAC) further provide antioxidants for cellular protection and act to support phase II detoxification enzyme activity in the liver.<sup>3-5</sup> The amino acid taurine is also present in liver cells as an important component of bile acids, which aid in the absorption of fat-soluble vitamins. Most notably, however, taurine is the most abundant free amino acid in the heart.

1. Riby JE, et al. *Biochem Pharmacol.* 2000 Jul 15;60(2):167-77.  
 2. Michnovicz JJ. *Int J Obes Relat Metab Disord.* 1998 Mar;22(3):227-9.  
 3. Ferenci P, et al. *J Hepatol.* 1985 Jul;9(1):105-13.  
 4. Flier J, et al. *Free Radic Res.* 2002 Jun;36(6):695  
 5. Kaplan M, et al. *Pediatric Nephrology.* 2008. 23(2): 233-241.

## Formula

Adults: Take 2 capsules daily with meals, or as directed by a healthcare practitioner. Consult a healthcare practitioner for use beyond 8 weeks.

### Each capsule contains

BioResponse DIM® (complex of starch, 3,3'-diindolylmethane, vitamin E (tocophersolan), phosphatidylcholine, silica) (providing DIM (3,3'-diindolylmethane) 12.5 mg)	<b>50 mg</b>
Calcium D-Glucarate	<b>50 mg</b>
Broccoli ( <i>Brassica oleracea</i> var. <i>italica</i> ) Sprout Extract (20:1, 1000 mg dried equivalent; standardized to contain 200 mcg sulforaphane)	<b>50 mg</b>
HMRlignan™ 7-Hydroxymatairesinol Potassium Acetate	<b>5 mg</b>
DL-Alpha-Lipoic Acid	<b>100 mg</b>
N-Acetyl-L-Cysteine	<b>100 mg</b>
Milk Thistle ( <i>Silybum marianum</i> ) Seed Extract (standardized to contain 80% silymarin)	<b>75 mg</b>
L-Methionine	<b>100 mg</b>
Glycine	<b>50 mg</b>
Taurine	<b>50 mg</b>

Non-medical ingredients: Vegetarian capsule (hypromellose, water), hypoallergenic plant cellulose, ascorbyl palmitate.



DIM & Detox	Quantity	Order Code	NPN	UPC
	60	DD6C-C	80073707	766298117249

Support your body's liver function with 2 capsules daily.

Visit [AtriumPro.ca/dim-detox-60-ca.html](https://AtriumPro.ca/dim-detox-60-ca.html)

For additional liver support, consider adding **Liver-G.I. Detox** to your daily routine.



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